

In this Issue

Corinth Events	Page 1-4
District/Community News	Page 5
Best Bites	Page 5

Save the Date

Tuesday, February 7

No School
Skate Party, Skate City, 12-2:00

Monday-Friday, February 13-17

Used Book Sale

Tuesday, February 14

Valentine's Day Parties

Thursday, February 16

Pancake Breakfast, Grades 3-6

Monday, February 20

No School, President's Day

Wednesday, March 7

Pancake Breakfast, Grades KG-2nd

Friday, March 9

No School, End of Third Quarter

Monday-Friday, March 12-16

No School, Spring Break

Monday, March 19

No School, School Improvement Day

Friday, March 30

No School, Parent/Teacher Conferences



President's Welcome

Dear Corinth Families,

We are off to a great start this second semester! Hopefully, you all had an enjoyable winter break spending time with your loved ones. This year is flying by, and as we look ahead to second semester, many exciting activities are planned.

PTA advocacy day took place on January 17th and Corinth proved to be very involved in this event. Thank you for having your voices heard and please continue to contact our legislators about these very important issues!

For second semester, we can look forward to: rollerskating parties, Valentine's Day parties, pancake breakfasts, more editions of The Corinth Times, CEF Used Book Sale, Go Green Week, La Culebra Play, Dragon Dash, CEF Golf Tournament, and the Variety Show! (It's never too early to start planning that act!!) With a few surprises thrown in!

FEBRUARY 3RD IS NATIONAL WEAR RED DAY! Join our Corinth kids in wearing RED on 2/3/12 to show your support for women's heart disease awareness.

FEBRUARY IS AMERICAN HEART MONTH! Look for heart-friendly tips around Corinth throughout the month! Heart disease is the leading cause of death in the United States in both men and women. Let's help our kids develop healthy heart habits now! This is an effort supported by Nurse Albert, Mrs. Flaspohler, and the Corinth PTA!

Have a Heart Healthy February!

Kelly Cannova
PTA President

CEF Used Book Sale

The Corinth Education Foundation's Used Book Sale will be from 9AM to 3:30PM every day during the week of February 13-17, 2012. 100% of the proceeds from the sale go directly to the CEF to help fund things like the Counselor and the Young Spanish Program. The Used Book Sale is a great place to pick up inexpensive toddler board books, early reader books, and adult bestsellers. Help Corinth by spreading the word about the sale to your neighbors and friends. In the mean time, gently used book donations can be dropped off at Camella Bailey's home at 9008 Meadow Lane.

Kindergarten Round-Up

MARK YOUR CALENDARS

Kindergarten Round-Up AND Parent Kindergarten Enrollment Meeting

March 30, 2012

9:00 -10:30 am

There is a new format this year: Both meetings will be combined into one. More details to come!

If you have an incoming Kindergartner for Fall 2012, and are not receiving emails from Maria, please contact her (mariaferroaldrich@smsd.org) and she will put you on her email list.

No School

April 17th will be a NO SCHOOL day for all elementary schools (only). In the morning the building staff will work with Common Core and then follow-up with the previously scheduled work time in the afternoon. This previously was listed as an early release day on all school and district calendars.



DFD (Dollars for Dragons)

The holidays are behind us; the tree and decorations packed away. Thank you to all of you who supported DFD this Fall and holiday season.....don't forget us, though, this new year!

Gift cards are great for birthdays (of course!), but also for those holidays like Valentine's Day! Treat your sweetie a Starbuck's or Hattie's gift card for that morning cup of coffee... or consider the Restaurant Guide \$25 gift card which can be used at over 60 restaurants throughout the metropolitan area for a special night out or many of our other restaurant choices. Of course, besides gifts, you can use gift cards for your regular purchases to ensure that a percentage of your purchase goes to Corinth Elementary. Going on Spring Break in March? Start stocking up now on our many travel related gift cards (airlines, hotels, gas cards, etc.). It really IS a painless fundraiser!

So keep up the good work of supporting DFD and if you haven't tried it, give it a whirl! We are having a great year..... but, it isn't over yet! Keep those orders coming. Any questions? Please call Lora @ 913-652-9330.

Health Reminders

WHAT IS A COLD?

The common cold is transmitted from person to person, usually by touching a person who has a cold, or touching something that that person has touched (like a door) -- and then touching your mouth or eye.

Colds can occur at any time of year, but are more common during the winter months. The average child has 6 colds a year, although children in daycare or preschool can have them more frequently.

Typically symptoms of a cold are runny nose, sneezing, mild sore throat, cough and a slight fever. Most colds last between one and two weeks, and progress from watery runny nose and possibly a mild sore throat to thicker mucus and congestion with cough.

The most important thing about colds is PREVENTION. Wash your hands after being outside of your home, and tell your children to do the same. Making sure that children get enough sleep and eat well also helps to prevent colds. For young babies (less than 2 months) try to avoid contact with people who have colds, and try to avoid crowds and gatherings where someone almost certainly has a cold.

There is no "cure" for a cold. Our bodies fight off the cold without any need for medicines, and we cannot make them go away any faster with medicines. Antibiotics (like Amoxicillin) do not help colds. The only thing we can do for children is to make them as comfortable as possible and wait for the symptoms to go away.

HOME TREATMENT

Although many people use medicines to make their children feel better when they have a cold, there are several things that you can do for your child AT HOME that may be better than giving medicine:

- 1) Have your child drink lots of fluids. Many children lost their appetite with a cold, and may drink less as well. By encouraging them to drink more, you will help make the mucus thinner, and make them more comfortable.
- 2) Use saline drops and a bulb syringe, or a saline nose spray to remove the mucus. See the instruction sheet available in the pharmacy for how to prepare the saline and use the bulb syringe.
- 3) Humidifier. If you have one, then a humidifier may help to keep the nose, mouth and throat moist, making your child more comfortable.
- 4) Use some vaseline (petroleum jelly) around your child's nose to help prevent it becoming sore.
- 5) Try and have your child get extra rest. It is not necessary to restrict their activities or keep them home from school or daycare, but slowing them down a little may help them to feel better.
- 6) Remember that fever is not all bad. Fever may help to fight the cold.

WHAT MEDICINES CAN I GIVE MY CHILD?

There are many medicines that you can buy at the store for coughs and colds. It is not clear how much these medicines help children. Doctors do not recommend any medications for cold treatment for infants and small children because they have not been shown to help and may have harmful side effects. Treatment for fever with acetaminophen may help if your child has a fever with their cough and cold. It is good to remember that your child's cold will get better in one to two weeks without medicines.

MEDICINE FOR FEVER

TYLENOL® (same as ACETAMINOPHEN)

This medicine helps with fever, although it does not cure the underlying illness.

WHEN TO CALL YOUR DOCTOR:

- Your child has any difficulty breathing or is breathing fast.
- Your child develops a fever that lasts for more than 3 days.
- Your child has nasal discharge lasting greater than 14 days
- Your child develops an earache.
- Your child has chills or rigors.
- Your child has eye discharge.
- Your child's cough becomes worse, or barking.
- Your child's cough persists for more than 2 weeks.
- Your child develops a headache or stiff neck.
- Your child develops a sore throat that lasts for more than 48 hours.
- Your child is less than 2 months old and has any temperature elevation.
- Your child is less than 2 years old and is not drinking fluids.
- Your child seems more sick than with a regular cold, or you are worried



Staff Appreciation

The Staff Appreciation Committee has been busy trying to spoil our staff!

A special thanks to Stephanie Tegtmeier, Brooke Anderson, Debra Rettenmaier, Rachel Warner, Bridget Hoffman, Amy Neusel, Camella Bailey, Elizabeth Black, Susan Langford, Kelly Brende, Angie Lucas, Meredith Bihuniak, Nicole Muller, Julie Harrison, Kimberly Levitan, Heidi Martin, Alisa Odell, Diane Ludwig, Katie Cox, Andrea Deschaine, Kathleen Dehan, Martha Stanton, Sarah Eixman, Stephanie Richardson, Megan Barbre, Ann Lilak, Carol Modean, Cindy Kerwin, Wendy Oviatt, Jen Miller, and Amy Kirkland who helped with the Staff Cookie Exchange in December. Each volunteer provided three dozen sweet holiday treats and each staff member filled a container with a few of their favorites to take home!

In January, our wonderful volunteers made warm soups, breads and desserts for lunch on a cold, rainy day for "Souper Bowl Friday" in preparation for the Super Bowl!

Thank you to Krisanne Bradley, Melissa Oeffner, Susan Ronnekamp, Mary Lee Duff, Barb Cross, Marta Tietjen, Gretchen Holy, Debbi Howze, Meg Grossman, Michelle Schmidt, Libby Cunningham, Laura Moore, Meme Ternus, Tracey Breford, Lindsey Severns, Amy Turpin, Ashley Blair, Beth Fields, Colleen Milroy, Michelle Middendorf, Erin Woods, Emily Watts, Shelly Freeman, Rachel Barnes, Dani Beaver, Brooke Anderson, Debra Rettenmaier and Rachel Warner. Also, congratulations to Jane Roberts, student teacher in Mrs. Holly Urban's room, on winning the drawing for the beautiful flower arrangement for the month of January! We received many requests from staff for our volunteer's recipes! Perhaps a future fundraiser? We love our Corinth Staff!!!

Reach out...

Changes from Topeka

2012 has started out as a very important time for public education in Kansas, with two plans for education funding reform before the KS legislature. Corinth is taking an active role in shaping our future as these plans get shaped into bills. January 17th was KS PTA Advocacy Day and Corinth was well represented in Topeka, both through virtual outreach and direct interaction. I was contacted by several Corinth parents that reached out to our legislators, shared personal stories, and made them aware of their priorities for public education. Additionally, Mary Lee Duff and Julie Erdner attended PTA sponsored sessions in Topeka with Rep. Paul Davis (Lawrence) regarding the Democratic plan, Jon Hummel (Gov. Brownback's Chief of Operations) regarding the Governor's plan, and a one on one session with Senator Terrie Huntington regarding multiple issues. Issues at hand include local funding control, funding for kindergarten programs, retiring teachers, KPERS, and others. The good news is that funding for education is very prominent on the agenda and that both plans are supportive of stabilizing funding for the future. However, these are still plans and have not been drafted into legislation, the devil is in the details. Sen. Huntington reports that there are still a lot of ideas out there and that things will continue to evolve. We need to continue to make our voices heard. I encourage to continue the momentum that we started on January 17th and continue to stay involved. Please reach out to your legislators, they work for us. We will keep you informed as we hear more information, and please feel free to reach out to us with your questions.

District/Community News

SMSD Parent Resource Center

CDDO stands for Community Developmental Disability Organization

Rebecca Payne, Intake and Referral Coordinator
Community Developmental Disability Organization

The CDDO is the single point of entry for an individual or family to obtain services through the developmental disability system. The CDDO is responsible for determining whether a person qualifies for services, working with the person and/or their family or guardian in choosing from an array of services options, and referring those persons to other agencies if additional supports are needed. Learn more about Community Support Services for individuals with disabilities in Johnson County and the role of the CDDO in helping individuals and families apply for these services.

Date: Thursday, February 16, 2012
Time: 6:30 – 7:30 p.m.
Location: Conference Room – RM 125
Arrowhead Administrative Center
6601 Santa Fe Drive
Cost: Free

To Enroll: Call the Shawnee Mission Parent Resource Center at 993-9315

Sponsored by
The Parent Resource Center
6601 Santa Fe Drive
Shawnee Mission, Ks 66202-3925
913-993-9315

FOOD SERVICE....

Did you know that nearly all Americans consume more sodium than they need? Sodium, one of the two ions that make up salt (sodium chloride), is an essential ingredient for life. It helps keep the body's fluids in balance, and is necessary for proper functioning of nerves and muscles. In ancient times and before refrigeration became available, salt was important in food preservation. Today we know that it enhances flavor and color and serves as a stabilizer of foods. However, as essential as this substance is for life, we only need a small amount. Too much salt and sodium are linked to high blood pressure. Reducing dietary sodium can lower blood pressure, which reduces the risk of heart disease, stroke and kidney disease.

Best Bites

Make It Personal

Encourage your child to eat nutritious foods by making them say her name! You might cut cheese slices in the shape of her initials, place on whole-wheat bread, and toast until the cheese melts slightly. Or spell out her name with bell pepper and celery sticks, and serve with hummus for dipping.

Did You Know?

Herbs and spices are a healthy way to add flavor to food. Rather than reaching for the salt shaker, try adding cayenne pepper to eggs, rosemary to meats, or tarragon to vegetables. Tip: Let your child grow fresh herbs in pots and snip the plants to use while you're cooking.

Protecting Your Teeth

In honor of Dental Health Month, help your youngster get in the habit of eating and drinking foods that are good for his teeth. For example, cheese, nuts, eggs, chicken, meat, and milk protect tooth enamel. And crunchy fruits and vegetables can prevent decay. The best drinks? Water and milk—instead of sugary drinks like soda.

PTA

come join the fun!

2011/2012 Corinth PTA Executive Committee

President - Kelly Cannova
President Elect - Angie Tucker
Treasurer - Michelle Trouve
Assistant Treasurer - Susan Ahn
VP Ways & Means - Fall Fest - Margi Wilson
VP Ways & Means - Dollars for Dragons - Lora Kokjer
VP Membership - Sharon Barry
VP Legislation - Will Healy
Assistant Legislation - Mary Beth Mitchell
Recording Secretary - Bridget Noblit
Corresponding Secretary - Leslie Slaughter

2011/2012 Corinth PTA Committee Chairs

Auditor - Meredith Bihuniak
Birthday Book Club - Meg Grossman
Book Fair - Kristi O'Keefe/Christie Walton/Michelle Reeves/Laura Pollock
Book Fair Dinner - Stephanie Kissick/Nicki Hager/Bonnie Maddox/Rene Kircher
Chat-n-Chew - Renee Kircher
Chess Club - Lauren Conderman/Jeff Roberts
Citizenship Contest - Kelley Reed
Directory - Michelle Clark/Jeff Roberts
Dollars for Dragons - Lora Kokjer
Field Day - Christy Higgins
Garden Care - Kristy Garverick/Lorie Venneman
Hospitality - Mindy Day/Krisanne Simmons/Laura Pollock
Ice Cream Social - Kelly Cannova
Indian Hills Liason - Kelly Cannova
Jolly Dragon Mart - Katie Demetriou/Mandi Trotter/Beth Stedry/Amy Turpin/Lindsey Hargens
Kindergarten Round Up - Andrea Miller/Brynn Burns
Newsletter - Mandi Trotter
Parliamentarian - Angie Tucker
Parent/Child Breakfast - Cynthia Simpson/Michelle Griffith/Heather Foley/Jenny Audus
Reflections - Jennifer Parker Burrus
Room Parent Coordinators - Sharon Barry
School Pictures - Jenny Eldred
Health & Science Night - Kelly Cannova/Brea Noblit/Camella Bailey/Sara Colvin
SMAC Delegates - Kelly Cannova
Spirit Wear - Kathy Wilcox/Michelle Reeves/Stephanie Krause/Mary Beth Mitchell
SME Senior Lunch - Kristy Moore/Mary Beth Mitchell
Student Newspaper - Mrs. Withrow/Beth Whalen
Tall Oaks/6th grade coordinators - Michelle Reeves/Nicole Muller/Sandy Ruether
Teacher Appreciation - Leslie Slaughter/Marta Tietgen/Christie Walton/Christy Higgins/Krisanne Bradley
Technology - Trisha Sims/Jeff Roberts
Veteran's Day - Leslie Slaughter/Lorie Venneman/Michelle Nickloy
Volunteers - Wendy Oviatt/Cindy Kerwin
Yearbook - Lauren Stallbaumer/Melissa Hartman/Karen Prange/Kari Theis.
Youth-in-Action - Kristi O'Keefe/Lisa Tulp